

# Breaking Strongholds Declarations

**God's Word is full of promises to us about breaking strongholds. Throughout scripture we are continually reminded of His goodness...His everlasting love. Declare these truths over you and your loved ones. Speak Him In!**

- I am forgiven, accepted, and redeemed by His grace.
- I resist the enemy: all his pressures, his deceptions, his attacks, and every method he would use against me.
- I reject all infirmity, pain, infection, depression, anxiety, witchcraft, and stress. I DO NOT submit.
- I declare that past disappointments and hurts are arrested and bound in Jesus' name.
- No weapon formed against me shall prosper.
- I am delivered from every bad habit, addiction, and/or vices. I am putting off the old self and putting on the new.
- I declare every Goliath in my life shall fall flat on his face. The Holy Spirit of God lives inside me and I walk in complete victory.
- I decree and declare that God will bring complete victory in the areas the enemy has gained a stronghold in.
- I lay all my burdens at Your feet, Lord. All my stress, all my anxiety, all my hurts, my disappointments, my anger, my pride, and my grief. It's Yours Lord! I surrender them to You.
- The enemy has no authority over me.
- God is doing great things in me, around me and through me.
- I am a pure vessel! The power of God flows through me.
- Father, I give You any negative emotions, traumas, unforgiveness, and toxicity in exchange for hope, healing, and joy.
- I am the head, not the tail. I am above, not beneath. I only move forward and upward.
- I take every thought captive and make it obedient to Christ.